

Affordable Dental Care Options Comparison Planner

Start with the treatment your dentist recommends. Use page 2 to compare offices or programs offering the care you need.

Name / date:

1. Understand my treatment needs

Recommended treatment / tooth or area / dentist:

What needs prompt attention? Timing explained by my dentist:

What can safely wait, if anything? Conditions for waiting:

Alternatives / benefits and drawbacks to discuss:

2. Request a written estimate

- ☐ Procedure names and teeth or areas being treated
- ☐ Total fees, including exams, imaging, lab work, and follow-up
- ☐ Expected insurance or assistance payment, if applicable
- ☐ My estimated cost / exclusions / estimate expiration date

3. Questions before I decide

Ask whether treatment can be staged and whether another opinion would help. Compare what each estimate includes, not just the quoted price.

Your dentist should advise on urgency. Do not delay needed care solely to finish this sheet.

Compare Two Options

Dental Care Comparison Planner

Call each office or program to confirm details. Mark unknown answers with “?”. An estimate or application does not guarantee coverage or acceptance.

Details to confirm	Option A	Option B
Provider / program / phone		
Needed services available		
Eligibility / documents required		
Total estimated treatment cost		
Expected coverage / assistance		
My estimated cost / extra fees		
Payment terms / fees or interest		
Waiting time / visit length		
Location / transport needs		
Answer source / date confirmed		

What is missing or different between these estimates?

My next step / whom to contact / date:

Confirm insurance benefits with your insurer and program terms with the program. Estimates may change if the treatment plan changes.