

Implants & Dentures

Consultation Worksheet

My priorities and questions

Bring this worksheet to your consultation. Ask your dental team which options are suitable for your mouth and health.

Name: _____ Visit date: _____

1. What matters most to me

- ☐ Comfort while eating and speaking
- ☐ Stability and confidence in daily use
- ☐ Avoiding or limiting surgery
- ☐ Daily cleaning I can manage
- ☐ Upfront and ongoing costs
- ☐ Number of visits and time for recovery

My top two priorities / other preferences:

2. Information to discuss

Bring your medication and supplement list, allergies, and medical history. Mention tobacco use and previous gum disease.

Hand, vision, mobility, or caregiver needs:

Budget / transport / appointment availability:

3. Questions before choosing

Which options fit my needs, and why? What are the risks and alternatives? Can you show me how I would clean each one?

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Compare two proposed plans

Record what your dental team proposes. Attach written estimates and use another copy for a third option. Mark unknown details for follow-up.

Detail to confirm	Plan A	Plan B
Office / date of estimate		
Exact restoration / location		
Fixed or removable by me?		
Procedures / grafting needed		
Healing stages / total timeline		
Daily cleaning / help needed		
Maintenance / repair needs		
Complete estimated cost		
What is included / excluded?		
Expected out-of-pocket cost*		
Individual risks / alternatives		

*Confirm coverage and future maintenance fees. Estimates do not guarantee final costs.

Unanswered question / next step:

Discussion tool, not a treatment recommendation. Reference: FDA, Dental Implants: What You Should Know.